



Session 2: Your New Power Source – God’s Spirit

Amazing transformation has begun to take place since you have trusted in Christ as your Savior. You are now living a Christian life, which isn’t a standard of performance nor laws to keep, but a living personal relationship with Jesus Christ. Christianity is Christ!

When you run a race, such as a marathon, it is your race to win or lose. Living for Christ is different.

Just as our relationship with God is totally dependent on what God has done through Jesus Christ, so the power to live a dynamic Christian life also comes totally from God.

A computer has all the potential to do what it was created to do, but it has no power of its own.

Similarly, through your new identity in Christ, you have all the potential you need to live as a new creation in Christ. But you must continually draw from the proper power source.

When Jesus left the earth after his resurrection, he told his disciples to wait for the “promise” he would send them from his Father.

“And look, I am sending you what my Father promised. But stay in the city until you have been clothed with power from on high.” **(Luke 24:49)**

Without him, living a life that pleases God is impossible. With him, you can do anything and everything through Christ who gives you strength through the Holy Spirit.

Read **John 7:37-39**. What does Jesus promise to those who come to him?

Discover more about the Holy Spirit and his role in your life...

1. Who Is the Holy Spirit?

Even though he is invisible, the Holy Spirit is a real person and completely God. He is addressed by several titles in the Bible – Spirit of God, Spirit of Jesus, the Spirit, and the Holy Spirit. We have one God in three Persons—the Father, the Son, and the Holy Spirit.

What do these verses say about the Holy Spirit?

John 14:16, 17 ; John 16:8 ; 2 Corinthians 3:17

When you invited Jesus Christ into your life, he actually entered your life—and will be with you forever—through the Holy Spirit living in you. You will never be alone!

2. The Role of the Holy Spirit in your Life as a Believer

a. To give you life. Read **Ephesians 2:1-5**. The Bible describes your life before Christ as being dead in your sins. Think of it as having a disease (sinfulness) that led to death (no life). Christ's death on the cross took care of your disease; God's grace has removed your sin from you. You are healed of the disease. Then, God's Spirit restores life to you. What is declared about you now in **Ephesians 2:5**?

b. To give you a new beginning (2 Corinthians 5:17). What is declared about you? You may not always feel...or act...new. But, in God's eyes, you are totally new!

c. To teach you (John 16:13-15; 1 Corinthians 2:9-12). What will the Spirit do for you?

d. To free you from the power of sin (Galatians 5:16). The attraction of life's pleasures and old habits will keep manifesting in your life. Your own hormones and desires will crave to be fulfilled. What freedom does the Spirit give to you?

e. To bring your needs to the Father (Romans 8:26). What is promised? How does this make you feel?

f. To transform you into the likeness of Christ (Romans 8:29 and 2 Corinthians 3:18). God's awesome plan is to change you to become more like Jesus Christ in your character. Jesus' Spirit living in you has begun this change, and he will continue his work throughout your life (Philippians 1:6). Is this something you desire for your life?

g. To produce fruit in you and through you (Galatians 5:22-23). These qualities of Jesus' character will grow in your life. Which of these qualities would you most like the Spirit to begin developing in your life?

h. To give you power (Acts 1:8).

To be a witness means to share with others what you have seen and experienced yourself.

God's awesome plan is to transform your life into something beautiful and Christ-like. Sadly, not every believer experiences the power to live this life as God intended. Some are unaware of the treasure of the Holy Spirit living inside them. Others choose to ignore the Spirit's work in their lives and follow their own desires instead. Living by the Spirit is a choice...

3. Living by the Spirit is a Choice and a Life of Faith

As long as you live on earth, you will not only have the Holy Spirit living inside you, but you will also have your own flesh still with you and its desire for self-gratification. Life will be a continual battle between the desire to do things your way—or Christ's way.

But this is the solution: The Holy Spirit is a greater power than your old nature. Choosing to listen to the Spirit and follow his leading will always be the right choice!

What does **Ephesians 5:18** about the Holy Spirit?

The word "filled" means to be directed and controlled. Just as a soccer player freely chooses to let his coach direct him so he can do his best to win the game, we must choose to yield ourselves to the Holy Spirit's direction in our lives.

The Spirit-Filled Life of Faith

Faith is how you received Christ and his Holy Spirit giving you new life. Faith is how you turn your life over to the Spirit and trust him on a daily basis. The Spirit-filled life is trusting God to produce in you the kind of character he wants you to have.

You must by faith yield to the Holy Spirit to control your life—recognizing your tendencies to be self-centered and then desire for Christ's life to grow in you and overcome those selfish tendencies. Consider praying this prayer of faith:

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“Dear Lord, I want you to change my life from being self-centered into one that is Christ-centered. I no longer desire to follow my sinful thoughts and actions. I give you, Holy Spirit, control of my thoughts, attitudes, words and behavior today. Fill me with yourself and show me how to live a life that pleases Christ.”

Key Question: The Spirit-filled life is an exciting journey with Christ. Are you ready for that journey? When you think of what God has done for you—and how much your God loves you—is there any other choice?

Lesson Summary

In this lesson, you learned that when you gave your life to Christ..

- God’s Spirit came to live inside you forever (you are never alone!),
- God’s Spirit empowers you to live your new life of faith, and
- God’s Spirit produces the character of Christ in you.

b. Memory Verse for week 3:

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law”
(Galatians 5:22-23, NIV).

c. This week, read **chapters 7-11** of Mark to learn more about Jesus who is now your Saviour and Lord.